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Sporthalle Hamburg

Team Delegations' Handbook

July 07, 2017



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GREETING

Dear Presidents and members of the AIBA Family,

It is my great pleasure to welcome you and your teams to Hamburg for the 2017 AIBA World Championships. You are all here solely as a result of your dedication and hard work over the past months and years, and I want to congratulate you on qualifying to this most prestigious of competitions and to wish you luck in achieving your goals.



Hamburg 2017 represents the first AIBA World Championships of the new Olympic Cycle, and as we look ahead to Tokyo 2020, it is clear to me that today the AIBA Family stands stronger than ever, shoulder to shoulder in promoting and furthering our great sport around the world.

AIBA has made certain changes to the competition structure since our last World Championships in Doha in 2015, and whilst I am sure all the boxers and teams are now familiar with those reforms, it is important to reiterate why they were made. We are all here to represent boxing at a time when its popularity and global reach is stronger than ever. As such it is only right that we all uphold the sport's values at all times, performing with utmost integrity and sportsmanship, responding well to the pressures of competition and, rather than succumbing to that pressure, turning it into a positive force.

These are the hallmarks of great champions, and whilst I look forward to seeing ten such winners emerging from this tournament, of equal importance are the personal goals that each boxer and each team has set themselves, and achieving them with commitment, passion and fair play.

I wish you all the greatest success for the 19th edition of the AIBA World Championships,

Sincerely yours

A handwritten signature in black ink that reads "Ching-Kuo Wu". The signature is written in a cursive, flowing style.

Ching-Kuo Wu
AIBA President

WELCOME!

A warm welcome to boxing fans from all over the world.

I am very glad welcoming you to the Men's Boxing World Championships in Hamburg from August 25 to September 2, 2017.

Together with AIBA and a dedicated Local Organising Committee-Team, the great support by the City of Hamburg and highly motivated volunteers, we want to ensure and offer you unforgettable moments in Germany.



"Pure Boxing" – This is our slogan and attitude of these AIBA World Championships. We want to present authentic Olympic boxing! The focus of our efforts and the global attention shall be on all athletes and coaches.

Alongside excellent competitive conditions, the City of Hamburg offers many attractive places of interest and cultural sights that will give you the opportunity to find enough variety. This handbook is intended to provide you with the most important information relating to the AIBA World Boxing Championships in a compact form and hopefully leaves no question unanswered.

If you still have questions after all, please do not hesitate to get in touch with the corresponding representatives of the LOC responsible for the individual areas directly. You will find their names etc. in the handbook.

Finally, I wish you safe travels to Hamburg and look forward to exciting fights.

Yours faithfully,

A handwritten signature in blue ink that reads "Jürgen Kyas".

Jürgen Kyas

President of the German Boxing Association

1. ORGANISER

The German Boxing Association (DBV), affiliated to the AIBA, has been entrusted with the organization of the AIBA World Boxing Championship Hamburg 2017.

2. CONTACTS

Subject	e-mail
Registrations for Team Delegations	database@aiba.org
Registrations for Extra Officials	database@aiba.org
Visa & Entry Requirements	v.nord@boxverband.de
Competition related	sport@aiba.org
Press & Media related	communication@aiba.org
Accommodations	m.volke@boxverband.de
International Transportation	v.nord@boxverband.de
Local Transportation	transportation@boxing2017.com

3. COMPETITION

a) Format

The championships will be run per AIBA Technical Rules and AOB Competition Rules.

- There will be seeding, determined by the AIBA Seeding Commission.
- The Official Draw will be conducted by Swiss Timing through an electronic draw.
- Two rings will be used until the quarter finals phase.
- Medals will be distributed to the first 4 boxers of each weigh category (1 Gold, 1 Silver, 2 Bronze).
- The Event and will be officiated by world class International Technical Officials and top level Referees and Judges, all appointed by AIBA. The Supervisor of the event is Mr. Ray Silvas (USA).

b) Sport Entries Check

For the first time in AIBA competition, the General Weigh-in will be replaced by a Sport Entries Check.

Each Team delegation will appoint a maximum of 2 responsible persons to attend the administrative check. AIBA recommends Team Manager and Team Doctor.

Each Team Delegation representative will have a 10 minutes appointment with AIBA Officials to confirm the entry list of each delegation, the spelling of boxer's name, the uniforms, National flag and Anthem and hand out below listed official documents to AIBA.

Few days before the competition AIBA will inform you of the exact date and time of your appointment.

Your representative(s) must present:

- Entry list of the delegation (this document will be sent by AIBA after the last qualifying event)
- Passport of all boxers
- Record Books of all boxers
- AIBA Medical certificate issued within the last 3 months for all boxers
- Red and Blue uniform

Please note that the presence of your representative is mandatory. In the event a Team Delegation Representative does not show-up to its appointment, the entire team will be disqualified.

c) Calender

Event	Dates	Place
Event Period	August 21 - September 3	Hamburg, Germany
Arrivals	August 22	
Cutman Course	August 23 + 24	
Sport Entries Check	August 23 (full day) per appointment only	Hyperion Hotel 1 st floor meeting room
Technical Meeting	August 24 – 14:00	Town Hall
Official Draw	August 24 – 15:30	Town Hall
Opening Ceremony	August 24 – 19:00	Town Hall
Welcome Dinner	August 24 – 20:00	The Westin Hotel, Elbphilharmony
Daily Weigh-in	Each competition day (Aug. 25 to 29, Aug. 31, Sept. 1 + 2)	Hyperion Hotel 1 st floor
Preliminaries	August 25	Competition Venue
Quarterfinals	August 29	Competition Venue
Rest Day	August 30	
Semi-Finals	August 31 – September 1	Competition Venue
Finals	September 2	Competition Venue
Closing party	September 2	
Departures	September 3	

You will find the detailed Competition Schedule of the event as a separate attachment within the e-mail this document has been sent.

4. REGISTRATIONS

a) Participating Boxers

280 Boxers will take part in the AIBA World Boxing Championships, Hamburg 2017.

As per the Qualification Guidelines, 260 of them have earned their spot through Confederation Championships. The Host Country received 10 quota places and 10 Wild Cards will be distributed by AIBA to ensure a high level of competition in each weight category.

Participating boxers will be automatically entered in the database by the AIBA HQ as their National Federation must confirm the use of the qualifying spot.

Reallocation of unused quota places are ruled by the AIBA World Championships Qualification Guidelines.

b) Team Officials

Each Team Delegation can have the following number of Team Officials:

- 1 Team Manager
- 1 Team Physician
- 1 Physiotherapist
- 1 AIBA Certified Team Cutman (or someone taking the Cutman Course)
- Number of Coaches according to the table below:
 - 1 – 3 Boxers: Up to 4 Coaches
 - 4 – 7 Boxers: Up to 5 Coaches
 - 8 – 10 Boxers: Up to 6 Coaches

c) Coaches

Each Boxer will be entitled to be accompanied to the ring by up to three (3) Coaches. However, only two (2) Coaches may mount the apron of the ring and only one (1) may enter the ring.

- All boxers must be accompanied by at least one AIBA Certified Coach (1, 2 or 3-star) at ringside during the bouts.
- All Coaches allowed to work in the Field of Play (FOP) must be AIBA certified (1 to 3-stars).
- One of the 3 Coaches can be replaced by an AIBA Certified Team Cutman. People taking the AIBA Cutman Course in Hamburg will be allowed to act as Cutman during the competition ([please see point 18 for more information](#)).

If any team does not have any AIBA Certified Coach (1, 2 or 3-star), please raise this at the Technical Meeting so arrangements can be made with another team.

Any Coach of National Level, who have not certified through AIBA, **will not be allowed access to the FOP and must be registered as an Extra-Official.**

d) Extra-Officials

Any additional people to the ones outlined in 4.b) above, who the National Federation (NF) would send to work with the team on-site, would be registered as an Extra-Official.

The Extra-Officials that do not have a direct link with the preparation of the team for the competition will not receive an accreditation. Decisions will be taken by AIBA on a case by case basis.

Each National Federation can register up to 6 additional persons within the following 2 categories:

- NF Representatives:
 - NF President
 - NF Executive Director
 - NF Executive Board Member
 - NF President Accompanying Guest
 - NF administrative Staff

- Team Delegation Extra-Officials:
 - National Coach of a registered boxer
 - Physiotherapist
 - Doctor
 - Nutritionist

All Extra-Official registrations must be done through AIBA database in the dedicated section of the event.

In the event one of your representative has special security needs (personal security...), please make sure to contact Mrs. Vanessa Nord (v.nord@boxverband.de) of the LOC to arrange access, accreditations and entry in Germany in accordance with local authorities.

! If you plan to bring more than 6 additional persons, please note that accreditations will not be provided. Please make sure to book tickets to attend the competition from the general public stands.

e) Process and Deadlines

All registrations for Team Delegations will have to be made through the AIBA database (<https://www.aiba-database.org/nf>).

Please find a summary table below:

Registration for:	Done by:	Deadline
Boxers	AIBA (automatically)	Processed automatically upon confirmation of each National Federation
Teams Officials	Each national federation through web registration on the database	Sunday, July 16, 2017 (23:59 GMT)
Extra-Officials	Each national federation through web registration on the database ("extra-officials" section)	Sunday, July 16, 2017 (23:59 GMT)
Arrival/Departure time of the delegation	Each national federation through web registration on the database ("travel details" section)	Sunday, July 16, 2017 (23:59 GMT)
Rooming list	Each national federation through web registration on the database ("room request" section)	Sunday, July 16, 2017 (23:59 GMT)

5. VISA & ENTRY REQUIREMENTS

a) Contacts

The Organiser will provide assistance regarding Visa if required. For any information please contact:

Name: Mrs. Vanessa Nord
Tel: 0049 561 / 50 62 92 36
e-mail: v.nord@boxverband.de

b) Process

The process for obtaining a visa for Germany will be as follows:

1. Team delegations from Schengen countries do not need a Visa to travel to Germany.
2. Team delegations who need and must apply for a Visa should immediately get in touch with the German Embassy/Consulate of their country to arrange an appointment.
3. For your personal visit at the German Embassy/Consulate of your country you will receive an invitation letter which is necessary to request the Visa.
4. Additionally to your request, please fill out the "VISA Team list AIBA World Boxing Championships Hamburg 2017" (you will find this file as a separate attachment within the e-mail this document has been sent to you), and send it via e-mail to Mrs. Vanessa Nord: v.nord@boxverband.de.

! The Deadline will be **Tuesday, August 1, 2017 (23:59 GMT)**.

For general and more information please have a look at: http://www.auswaertiges-amt.de/EN/EinreiseUndAufenthalt/03_Visabestimmungen/Visabestimmungen_node.html

6. TRANSPORTATION

a) International

All travel information related to the Team Delegation must be entered in the AIBA Database during the registration **and additionally sent via e-mail to the LOC**, Mrs. Vanessa Nord: v.nord@boxverband.de

The airport of arrival and departure will be Hamburg International Airport (Hamburg-Fuhlsbüttel (HAM)).

On arrival at Hamburg-Fuhlsbüttel, please watch out for the AIBA World Boxing Championships Welcome desk. Volunteers will be glad to help you further.



Deadline to submit arrival and departure information: **Sunday, July 16, 2017 (23:59 GMT).**

b) Local

Local transportation will be provided by the organisers:

- To/from Hamburg International Airport
- To/from the hotel to/from the competition and training venue
- To/from the hotel to/from Technical Meeting and Official Draw

In case of questions upon arrival at the airport in Hamburg, please contact:

Name: Melanie Schunk

Tel: 0049 176 / 29 34 44 84

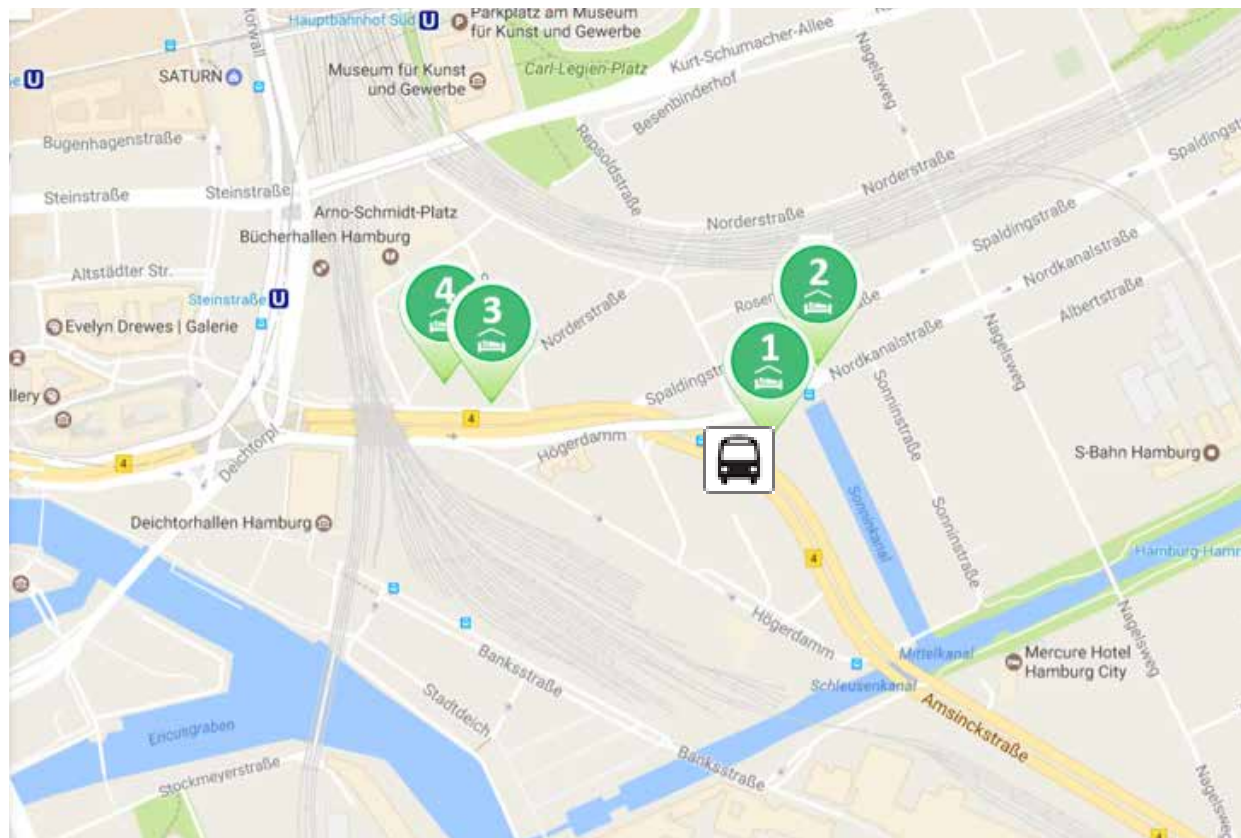
e-mail: transportation@boxing2017.com

7. ACCOMMODATION

a) Team Delegations Hotels

In order to fit all budgets, The LOC and AIBA have agreed to propose 4 different kind of hotels to the Team Delegations. They are all located in the same area and will be used as an Athletes Village during the competition.

The "Athletes Village" is located 8 km from the Competition Venue.



- 1 Hyperion Hotel (4-stars)
- 2 Hotel Novum Belmondo (4-stars)
- 3 Ibis Hotel (3-stars)
- 4 Ibis Budget Hotel (1-star)

! Team Delegations are requested to submit their choice and needs through AIBA Database before: **Sunday, July 16, 2017 (23:59 GMT).**

#1 - Hyperion Hotel ****

Name: Hyperion Hotel

Address: Amsinckstrasse 39-41, Hamburg

Website: <https://www.h-hotels.com/en/hyperion/hotels/hyperion-hotel-hamburg>

The Hyperion Hotel is located in Hamburg city center.

This Hotel will provide the following amenities:

- ✓ Breakfast
- ✓ Fully equipped fitness center
- ✓ Sauna
- ✓ Free wi-fi

Room Rates (per person/night)

Types	Prices (full board)
Single Room	130 €
Double Room	95 €



Also, this Hotel will be used as the Center of the "Athletes Village" and include

- ✓ Central Lunch and Dinner Buffet for all Delegations
- ✓ Team Accreditation Center
- ✓ Daily Weigh-in room

#2 - Hotel Novum Belmondo ****

Name: Novum Belmondo

Address: Spaldingstraße 70, 20097 Hamburg

Website: <https://www.novum-hotels.de/en/hotel-belmondo-hamburg>

This Hotel provide the following amenities:

✓ Breakfast ✓ Sauna

✓ Free wi-fi

Room Rates (per person/night)

Types	Prices (full board)
Single Room	120 €
Double Room	85 €



- ! Please note that all Lunches and Dinners will be served at the Hyperion Hotel.
- The Hotel Novum Belmondo is located 100 m from the Hyperion Hotel.

#3 - Hotel Ibis ***

Name: Ibis Hotel

Address: Amsinckstrasse 3, Hamburg

Website: <http://www.ibis.com/fr/hotel-8740-ibis-hamburg-city/index.shtml>

This Hotel provide the following amenities:

✓ Breakfast ✓ Free wi-fi

Room Rates (per person/night)

Types	Prices (full board)
Single Room	120 €
Double Room	85 €



- ! Please note that all Lunches and Dinners will be served at the Hyperion Hotel.
- The Ibis Hotel is located 300 m from the Hyperion Hotel.

#4 - Hotel Ibis Budget *

Name: Ibis Budget Hotel

Address: Amsinckstrasse 1, 20097 Hamburg

Website: <http://www.ibis.com/fr/hotel-8741-ibis-budget-hamburg-city/index.shtml>

This Hotel provide the following amenities:

✓ Breakfast ✓ Free wi-fi

Room Rates (per person/night)

Types	Prices (full board)
Single Room	100 €
Double Room	75 €



- ! Please note that all Lunches and Dinners will be served at the Hyperion Hotel.
- The Ibis Budget Hotel is located 350 m from the Hyperion Hotel.

b) Meals

For all Hotels, 3 meals per day are included in the room rate.

Breakfast: will be served in the Hotel your delegation is staying

Lunch: A buffet will be open at Hyperion Hotel for ALL Delegations from 11:30 to 14:00

Dinner: A buffet will be open at Hyperion Hotel for ALL Delegations from 18:00 to 24:00

c) Extra-Officials and Media Hotel

Extra-Officials and Medias are not allowed to stay in any hotel dedicated to Team Delegations. They will be accommodated in the Mercure Hotel (4-stars), and Inside Melia Hotel (4-stars) located 500 m away from the "Athletes Village"

#1 - Mercure Hotel ****

Name: Mercure Hotel

Address: Amsinckstrasse 53, 20097 Hamburg

Website: <http://www.mercure.com/gb/hotel-1163-mercure-hotel-hamburg-city/services.shtml>

This Hotel provide the following amenities:

✓ Sauna ✓ Free wi-fi

Room Rates (per person/night)

Types	Prices (incl. Breakfast)
Single Room	130 €
Double Room	100 €



The LOC offers the possibility for Extra-Official to buy meal vouchers to have lunch and dinner at the Hyperion Hotel buffet. Please contact directly Mr. Martin Volke at m.volke@boxverband.de

#2 - INNSIDE Melia Hotel ****

Name: INNSIDE Melia Hotel

Address: Högerdamm 30 20097, Hamburg

Website: <https://www.melia.com/de/hotels/deutschland/hamburg/innside-hamburg/index.html>

This Hotel provide the following amenities:

✓ Sauna ✓ Free wi-fi

Room Rates (per person/night)

Types	Prices (incl. Breakfast)
Single Room	130 €
Double Room	100 €



The LOC offers the possibility for Extra-Official to buy meal vouchers to have lunch and dinner at the Hyperion Hotel buffet. Please contact directly Mr. Martin Volke: m.volke@boxverband.de

d) VIP Hotel

#1 - Grand Elysée *****

Name: Grand Elysée

Address: Rothenbaumchaussee 10, 20148 Hamburg

Website: <https://www.grand-elysee.com>

This Hotel provide the following amenities:

- ✓ Sauna
- ✓ Swimming Pool
- ✓ Fitness club
- ✓ Free wi-fi

Room Rates (per person/night)

Types	Prices (incl. Breakfast)
Single Room	190 €
Double Room	150 €



e) Payment conditions

- **All Team Delegations must pay their full room charges as above for the entire Championships Period (August 21 – September 3) by July 30, 2017.**
- **Please contact Mrs. Elina Portna of the LOC (e.portna@boxverband.de) to request your accommodation invoice indicating the chosen Hotel.**
- **Payment must be done before traveling until July 30, 2017 by bank transfer to the LOC bank account.**
- **LOC will not be able to accept any other form of payment on site. For special requests please contact the LOC directly.**
- **Team Delegations will not be able to receive accreditation cards and hotel room keys if the payment is not made in full.**

8. VENUES

a) Competition Venue

Name: Hamburg Sporthalle
Address: Krochmannstraße 55 - Hamburg
Capacity: 4,584 seats



b) Training Venue

Name: Leichtathletikhalle Hamburg Alsterdorf
Address: Krochmannstraße 55
Directly located beside the competition venue.



9. EQUIPMENT & UNIFORMS

- Professional Handwraps are mandatory and will be provided by ADIDAS Official Supplier of Hamburg 2017.
- Boxing Equipment (Gloves and Handwraps materials) will be provided by ADIDAS, Official Supplier of Hamburg 2017.
- Competition Rings will be provided by SportCom.
- Training Equipment (rings, bags...) will be provided by ADIDAS, Official Supplier of Hamburg 2017.
- For all bouts, Boxers must wear a boxing uniform complying with AOB Competition Rules Appendix D.

10. ACCREDITATIONS

a) Team Delegation Members

All Team Delegation members (as listed in articles 4.b) who are registered for the event through the AIBA Database within the deadline will receive their accreditations on site after the accommodation payment has been approved by the LOC.

Please make sure to upload proper ID photos of your Team Delegation members on their profiles in the AIBA Database to save time during the accreditation process.



The main accreditation center will be located in the Hyperion Hotel.

b) Extra-Officials

Each National Federation has the possibility to request up to six (6) additional accreditations for its internal needs, by filling out the dedicated section in the AIBA Database no later than **Sunday, July 16, 2017 (23:59 GMT)**.

c) Media and Press

- International media:
Registrations will be open on AIBA Website from June 8 to August 10 on:
<http://aiba.org/aiba-2017-world-boxing-championships-media-registration-form/>
If you need further information please contact: communication@aiba.org
- German media:
Registration are open under the following link: <http://boxing2017.com/media-press/?lang=en>
- If you need further information please contact:
 - Press (print, online): presse@boxing2017.com AND communication@aiba.org
 - Media accreditation (radio, TV and website with audio/video coverage): media@boxing2017.com AND communication@aiba.org

11. TICKETING

Ticket sales are open under the following link: <http://boxing2017.com/tickets/?lang=en>

Daily tickets are valid for all the bout of the said day from 10 EUR for preliminaries and quarter-finals to 15 EUR for semi-finals and finals.

You also have the possibility to buy "season tickets" valid for all sessions of the competition (preliminaries, quarter-finals, semi-finals and finals) for 70 EUR.

- **And finally, we are pleased to offer you the opportunity to buy ringside VIP tickets for semi-finals and the final!**
- **In the first four rows you'll have exclusive access to the VIP Area. For further information, please have a look at www.boxing2017.com/tickets/?lang=en.**
- **The VIP-Ticketing will be served on a first come first serve basis.**

12. TECHNICAL VIDEO RECORDING

Each National Federation will be allowed to record the bout of their boxers with up to one camera per ring. Two specific locations in the stands will be reserved to these technical areas.

Recordings are for technical purposes only and not for public broadcasting, social media included. The access to the two technical video recording areas will be conditioned to the signature of a disclaimer in this regard. You will find the disclaimer as a separate attachment within the e-mail this document has been sent.

- **The team manager of each National Federation must bring the signed copy at the entry check meeting.**

13. IMAGE RIGHTS

AIBA has appointed a special TV team that will be in charge of the filming of promotional images of boxers before and during the Championships. By participating in the Championships, each Boxer agrees to release his/her image rights to AIBA for promotional purposes.

14. DOPING CONTROL

Anti-Doping Control will be conducted in accordance with the AIBA Anti-Doping Rules and the World Anti-Doping Code.

We would like to remind you that according to WADA regulations, from 2016 blood testing may be conducted during AIBA Competitions.

- ! **The Therapeutic Use Exemption (TUE) form, has to be submitted through**
- **ADAMS system no later than July 25, 2017.**

15. MEDICAL CARE

The LOC will provide medical care and first-aid during the entire Championships Period to any participant who suffers from a sports injury contracted during the Championships.

16. INSURANCE

All participants are requested to get their own travel and medical insurance as the LOC will provide liability insurance for all participants only at the Competition Venue.

17. CLOSING EVENT & AWARDS

A Closing event will be held at the end of the Championships, after the last session. Several awards, including the best boxer trophy of the AIBA World Boxing Championships Hamburg 2017 will be distributed during the dinner.

18. CUTMAN COURSE

Following latest Rules' changes, AIBA will organise a Cutman Course prior the competition in order for each participating National Federation to have at least one certified Cutman within its team at a reasonable cost.

All AIBA Certified Coaches (1, 2 or 3-star), doctors and physiotherapists are eligible to take this course.

Dates: August 23-24, 2017

Location: Hamburg, Germany

Content: Professional Hand wrapping, cut prevention and treatment.

Price: 300 USD

Registration must be done through the following link no later than July 26th:

https://register.event-works.com/aiba/AIBA_Team_Cutman_Certification_Course_/e/lk/k/

19. MEDICAL STUDY

As part of the #HeadsUp! Programme in cut prevention, AIBA might conduct a medical study to evaluate the efficiency of a new skin protector.

More information will be sent later to all Team Delegation.

20. CUT PREVENTION WITH ALOE VERA

Aloe Vera is a natural product that today is widely used for either cosmetic or medicinal purposes. Among its numerous properties, Aloe Vera extract is proving to be an excellent solution for maintaining the skin healthy and keep hydrated. In the sport of boxing, the regular use of Aloe Vera gels seems to improve the flexibility of the skin, hence making it more resistant to cuts caused by either legal or illegal blows, which in boxing may often cause the termination of the bout by the Referee or the Ringside Doctor.

AIBA has entered a partnership with 'Yellow Rose', a cosmetics manufacturing brand from Greece that is supplying all Hamburg 2017 with samples of Aloe Vera Gel for free trial.

Please see the Appendix A for detailed information and application.

21. THE HOST CITY

Hamburg – The gate to the world, the town of the bridges or also Venice on the Elbe. The city in the north of Germany has many names – and also many faces. Hamburg fascinates with a unique mixture of maritime atmosphere, pulsating big-city atmosphere and varied culture.

With 1.86 million inhabitants it is Germany's second largest city and lies on the Elbe River, for centuries a major port and trading centre for central Europe.

The city has a network of canals that rival those of Venice (it is said to have more bridges than Venice) and is centred on two artificial lakes that take up about eight percent of its total area. Probably because of all the water, Hamburg is also known as Germany's 'green city', sporting something like 1,400 parks and gardens. Modern buildings sit cheek by jowl with historic Baroque and Renaissance architecture, and by night the neon lights dazzle all-night revellers, particularly in the city's notorious red light district, the Reeperbahn.

Hamburg was founded in 810 by Charlemagne and earned its place in history by becoming the most strategic port in the Hanseatic League of North German cities, which controlled trade in the Baltic and North Seas between the 13th and 15th centuries. A great fire destroyed much of the city in 1842, and a century later World War II bombing raids again laid it waste, but Hamburg bounced back with style, thanks to the wealth garnered from its position as a trading centre. The city's tourist board claims that Hamburg is now home to more millionaires per capita than any other city in Europe.

Most of the sights of interest to tourists in the city are centred on its maritime traditions, particularly in the harbour area, where the Warehouse District (Alster Arkaden) has been transformed into an entertaining destination offering a variety of shops, cafes and restaurants. Hamburg also has a number of lovely gardens and pretty churches and cathedrals, though there is little genuinely old architecture left in the old town. There are also a number of museums dedicated to history, art, communications, ethnology, and even spices. Further afield, Hamburg is the gateway to the seaside and spa resorts of the Baltic and North Sea coastline.

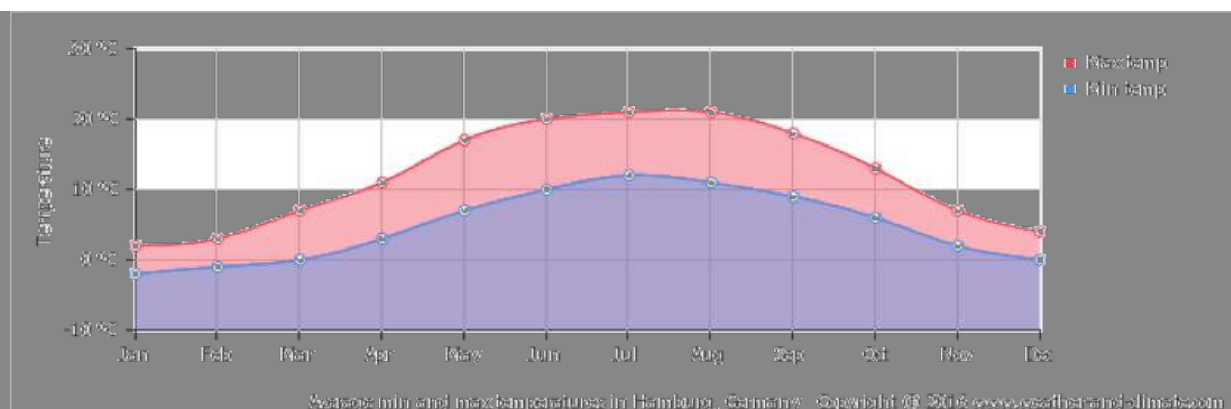
a) Climate

The maritime climate in Hamburg is strongly influenced by its location near the river Elbe. The climate is characterized by a slight temperature difference between summer and winter. Hamburg enjoys four seasons. Autumn is the season here where you will experience most rain. In winter it is cold, but the average temperature is mostly above zero degrees Celsius (32°F). In the spring, the temperature begins to raise slowly to a very pleasant temperature. In summer Hamburg has a few days with tropical temperatures. The months June, July and August have nice weather with a good average temperature.

With his many canals and the Alster flowing through the city the climate in Hamburg is also quite humid.

Fog thereby appears in the town also relatively often This deeply lies down over the town and provides in this manner the all known "mucky weather".

Average monthly weather in Hamburg



b) Sightseeing and Must Sees

#1 – Elbe Philharmonic Hall

Hamburg has gained a new cultural and urban landmark with the Elbe Philharmonic Hall in HafenCity. Classical music culture, music of the 21st century and sophisticated light music will have a spectacular venue here.

Designed by Swiss architects Herzog and de Meuron, the Elbe Philharmonic Hall Hamburg is built in a historic location. The warehouse designed by Werner Kallmorgen and constructed between 1963 and 1966 was used for storage of cocoa, tea and tobacco until the 1990s and retains its distinctive structure and characteristic façade. The 20,000 square metre warehouse space, at that time the largest storage space in the city, has been a distinctive landmark since it was constructed.

The interplay of the archaic Kaispeicher (quay warehouse) with the bold sweep of the glistening glass construction is the Elbe Philharmonic Halls architectural calling card. The lower part of the building will house a car park, restaurants, a wellness and conference area for the hotel and the Kaistudio (quay studio), a concert hall for 170 visitors. In the upper part of the building there will be two concert halls in addition to the hotel rooms and 45 private residences: The Great Hall with its 2,150 seats in a 'vineyard architecture' style is the heart of the Elbe Philharmonic Hall. It stretches from the 12th to the 17th floor and is acoustically isolated from the rest of the building. The small hall with 550 seats will be used for chamber music and jazz concerts, banquets and receptions.

The former use by the port and the new cultural identity of the location create a unique connection here: Visitors are transported over an 82-metre curved escalator through the former Kaispeicher A to a plaza open to the public 37 metres above Hamburg. From there, Hamburg residents and tourists will be able to enjoy a unique 360° panoramic view of the port, the Elbe and the city. In total, this plaza alone covers 4,000 square metres, making it approximately as big as the Rathaus (Town Hall) Market.



#2 – Hamburg Harbour

About 13,000 ships from all over the world call at Europe's second largest and one of the world's most flexible, high-performance universal ports. 138.2 million tons of cargo crossed the quay walls of Germany's largest seaport. That included around 8.9 million standard containers (TEU). Hamburg is accordingly the third largest container port in Europe and in the 17th place on the list of the world's largest container ports.

Since summer 2007, the world of emigrants at "Ballinstadt" has brought another very special part of Hamburg's harbour history to life.



At the very site from where about 5 million European emigrants began their journey to the "New World" between 1850 and 1939 people can now investigate their own family's history today. The nicest way to explore the harbour is probably a harbour round trip by boat.

#3 – Speicherstadt (UNESCO World Heritage Site)

The Speicherstadt (lit. warehouse city) is the world's largest complex of warehouses and spans an area of 260,000 sqm. It was built into the Elbe river between 1883 and the late 1920s, on thousands of oak poles, as a free economic zone in Hamburg's port. The beautiful neo-gothic brick architecture of Speicherstadt makes for an exciting contrast of the neighbouring HafenCity Hamburg's modern steel-and-glass constructions. Since 2015, Speicherstadt, along with Kontorhausviertel and Chilehaus, proudly bears the title of Germany's 40th UNESCO World Heritage Site. According to the Committee, Speicherstadt — with its buildings and network of streets, canals and bridges — is an 'extraordinary example of representing one or more eras of human history'.

Today, Speicherstadt hosts a broad array of leisure activities, like Miniatur Wunderland, an enormous miniature railway system which is immensely popular with all age groups. Hamburg Dungeon offers a scary trip through Hamburg's history. Deutsches Zollmuseum tells the story of customs and smuggling and Internationales Maritimes Museum Hamburg offers thousands of model ships and maps. Automuseum Prototyp boasts rare prototypes from 70 years of automobile history and Kaffeerösterei is all about coffee. In this former coffee warehouse you can even take part in a coffee tasting with freshly-brewed beans from all over the world.

Also outside the old warehouses there is plenty to see: In the long canals between the former storage buildings, smaller ships make their way through the area and at traditional ship harbor at the Sandtor quay you can see up to 20 different historical ships.



#4 – Fish Market

Fish, fruits, flowers, clothing and souvenirs, you can find almost anything at the St. Pauli fish market, an institution since 1703. Every Sunday morning from 7.00 to 9.30 a.m., early birds and night owls unite along the shores of the Elbe to barter over fresh fish, regain their spirits over a coffee or simply to enjoy the lively atmosphere.

To attract customers, the market barkers outscram each other. This results in a loud and verbose crescendo that both locals and tourists enjoy on a weekly basis. 'Come over here, I'll throw in a salmon for you', is what shoppers hear as they stroll from stall to stall. Yet, what sounds like a bargain might appear too good to be true – this you will have to decide for yourself.

Not every visitor is there to haul home baskets of fresh produce. Some come to feast on an early morning fish sandwich and some Hanseatic chit chat over beautiful views across the harbour, whilst others put on their dancing shoes in the fish auction hall. Inside the century-old building, the band keeps spirits up high with live rock and jazz music, attracting party-goers for one last dance after dawn. The bars and clubs of the Reeperbahn being only a few minutes away, the banks of the Elbe are a popular last stop after a rough Saturday night out on the city.



#5 – Landungsbrücken (Landing Bridges) – The St. Pauli Piers

Two towers with prominent green roofs mark the 205 meters-long terminal between lower harbour, Reeperbahn and Fischmarkt. Located by the Elbe, the Landungsbrücken were once a landing pier for steam ships and now function as a connector for underground and suburban trains. Additionally, harbour ferries and catamarans depart on their trips to Helgoland. Ferries take every wannabe seafarer down the Elbe river for the price of a regular bus fare. The old Elbe tunnel as well as museum ships Rickmer Rickmers and Cap San Diego are also located close to the piers.



A variety of restaurants and gift shops go hand in hand with a beautiful view of massive container and cruise ships. Over the last decades, the Piers have also developed into one of Hamburg's most popular promenades.

#6 – Reeperbahn Nightlife District

The famous Reeperbahn street, also called “Kiez”, in the heart of St. Pauli, offers everything from theatres & galleries to trendy nightclubs & smoky sailor bars.

Located conveniently along the harbour, the historical ropemakers’ area became a popular destination for seamen and others looking for amusement. In the 1960s, the red light district turned into somewhat of a hothouse for pop culture: The Beatles, The Jets and Rory Storm and the Hurricanes were among the budding artists that performed in the plentiful dive bars and later rose to international stardom.

Today, the Reeperbahn area is still packed with nightclubs, bars and restaurants as well as art galleries, cabarets and theatres. Must-sees include the Panoptikumwas figure museum, the Beatles monument, The Grosse Freiheit street and Hans-Albers-Platz square. Thousands of people of all ages are out and about with the aim to have fun - which varies from cabaret to techno. The Spielbudenplatz square at the centre of the Reeperbahn is the setting for markets, fairs and outdoor concerts.

Almost every two weeks St. Pauli also becomes stronghold of football fans because of the legendary FC St. Pauli that plays its home games at Millerntorstadion on the Heiligengeistfeld.



#7 – Jungfernstieg – Hamburg’s most stylish promenade

The old-fashioned word ‘Jungfer’ translates to virgin or maiden in German. Jungfernstieg owes its name to the unmarried daughters of mostly wealthy Hanseatic families, who, on Sundays, were often taken here for a stroll — a rather casual, Hanseatic coming-of-age tradition. In 1838, Jungfernstieg became the first street to be sealed with asphalt. Today, this grand and gracious promenade on the shores of the Binnenalster is one of the most elegant shopping areas in Hamburg’s city centre.

The famous department store Alsterhaus, established in 1912, is one of the city’s most popular shopping destinations when it comes to high-end fashion, cosmetics, home furnishings and more. Its ground level features 1,500 sqm of luxury cosmetic brands and designer fragrances. Beauty on grand scale! Take the escalator to the top floor and experience upmarket grocery shopping amidst precious teas, classy champagnes, luxurious chocolates and scrumptious seafood.



#8 – Town Hall

Hamburg Town Hall was built from 1886 to 1897 and with its impressive architecture dominates the centre of the city. The magnificent sandstone building houses the city's senate and parliament.

After Hamburg Town Hall burned to the ground in 1842, the city council temporarily moved into provisional premises - for 55 years! The new Town Hall was inaugurated in 1897, has 647 rooms and stands on over 4,000 oak piles. In stark contrast to the restrained Hanseatic style, the Town Hall is conspicuous due to its elaborately decorated façade, flanked by a total of 20 statues of emperors. The following is written in Latin above the main door: "The descendants shall seek worthily to maintain the freedom achieved by their forebears." The ornate wrought iron gate of the main entrance door leads into the entrance hall which is supported by 16 sandstone pillars painted with 68 portraits of worthy Hamburg citizens. The staircase was made from Sardinian marble and shows the course of human life. The debating chamber is designed rather simply and Parliament meets here every second Tuesday at 3.00pm

Portraits of former speakers of parliament hang in the adjacent Bürgersaal where citizens are received. The Kaisersaal (imperial hall) - named because of the visit by Kaiser Wilhelm II at the opening of the North Sea-Baltic Canal - has a striking ceiling painting that symbolises merchant shipping under the German flag. The walls are decorated with wall coverings made of pressed leather. The Tower Hall accommodates celebrations on special occasions and receptions. Guests make entries into the Golden Book in the Mayor's Hall with its enormous fireplace. A painting hangs here that depicts the inauguration of the Town Hall in 1897. The Phoenix Hall is named after the phoenix above the fireplace, which is meant to symbolise Hamburg's renaissance after the great fire of 1842. In the Senate chamber, the only light passes through the large glass roof: This symbolises the ancient Germanic custom that the council meets in the open air. The Grand Ballroom is 46 metres long, 18 metres wide and 15 metres high. Five huge paintings depict the history of Hamburg from 800 to 1900 and 62 city coats of arms of the old Hanseatic League decorate the walls. The three chandeliers with 278 lights each weigh 1,500 kilograms!



APPENDIX A

PROPERTIES OF ALOE VERA AND ITS USE IN BOXING

Aloe Vera is a natural product that today is widely used for either cosmetic or medicinal purposes. Among its numerous properties, Aloe Vera extract is proving to be an excellent solution for maintaining the skin healthy and keep hydrated. In the sport of boxing, the regular use of Aloe Vera gels seems to improve the flexibility of the skin, hence making it more resistant to cuts caused by either legal or illegal blows, which in boxing may often cause the termination of the bout by the Referee or the Ringside Doctor.

Benefits of Aloe Vera

In order to make weight, Boxers usually lose great quantities of water before and during the competition. This has a negative effect on the boxers' skin, making it dry and, therefore, more prone to possible cuts.

As part of the HeadsUp! Program, AIBA is promoting the use of Aloe Vera gels to keep the Boxers' skin well hydrated and to reduce the risk of cuts during the competitions.

Partnership with 'Yellow Rose'

For this reason, AIBA has decided to enter a partnership with 'Yellow Rose', a cosmetics manufacturing brand from Greece that is supplying all qualifiers to Hamburg 2017 with samples of Aloe Vera Gel for free trial.

Since there is a limited number of samples available, those federations that wish to try Aloe Vera Gel can request one sample to the AIBA or the Confederation staff.

Use and Application

For maximum effectiveness, the treatment of Aloe Vera should start at least 15-20 days before entering the competition and should continue throughout the event. This would give enough time to the skin to hydrate and become more elastic.

The most effective application of Aloe Vera to be applied on the boxer's face:

- In the morning, one coin size application (2ml)
- In the evening before going to bed, one coin size application (2ml)

One tube of Yellow Rose Aloe Vera (150ml) should last for up to 37 days. Therefore, 1 tube is the recommended quantity for Aloe Vera treatment per boxer in preparation and during a boxing event.

Aloe Vera Gel 'Yellow Rose' is dermatologically tested and compatible with petroleum gels (Vaseline) and Cavilon.

Where to Buy it?

AIBA has negotiated with 'Yellow Rose' a special price for orders of Aloe Vera Gel received from National Federations.

With a 70% discount from the original price, National Federation can now purchase Aloe Vera Gel for 5.25 Euros per tube (150ml) + shipping costs for orders made through AIBA.

Please contact sport@aiba.org to place your orders of 'Yellow Rose' Aloe Vera Gel.



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